Between 2009 - 2013, the rate of avoidable deaths from suicide & self inflicted injuries was less than the Victorian average.

- **Moorabool**: 6.6
- **Vic**: 9.4

*Average annual age standardised rate per 100,000 persons (Persons aged 0 - 74 years)*

- **69.7%** described their community as ‘close knit’
- **35.6%** volunteered at least once a month
- **42.3%** agreed or strongly agreed that cultural diversity is a good thing for a society

- **IMPROVING MENTAL HEALTH IN MOORABOOL**

In 2015, respondents had a resilience rating of **6.7**
- **Moorabool**: 6.4
- **Vic**: 6.6

5.8% of residents reported that they were dissatisfied or very dissatisfied with their life
- **Moorabool**: 6.6
- **Vic**: 6.6

In 2014, **9.1%** of respondents had high or very high levels of psychological distress
- **Moorabool**: 12.6%
- **Vic**: 12.6%

- **16.9%** had sought professional help for a mental health problem
- **Moorabool**: 16%
- **Vic**: 16%

- **29.3%** had been diagnosed with depression or anxiety
- **Moorabool**: 24.2%
- **Vic**: 24.2%

Between 2011-2013 the number of adults with mental or behavioural problems was **13.5%** per 100 people
- **Moorabool**: 12.7
- **Vic**: 10.8

MALE
- 11.3
- Vic: 10.8

FEMALE
- 15.6
- Vic: 14.8

Between 2009 - 2013, the rate of avoidable deaths from suicide & self inflicted injuries was **less than** the Victorian average.

- **Moorabool**: 6.6
- **Vic**: 9.4

*Average annual age standardised rate per 100,000 persons (Persons aged 0 - 74 years)*